Empowering the Next Generation of Restaurant Leaders

ProStart is a nationwide program for high school students that focuses on developing the next generation of restaurant and foodservice leaders. The program is industry-driven, combining culinary arts and restaurant management training to build practical skills. ProStart provides students a platform to discover new interests while highlighting successful career opportunities across the industry.

KEY STATS:
- 140,000 students in 1,800+ schools across all 50 states and the District of Columbia, the Territory of Guam and Department of Defense Education Activity schools in Europe and the Pacific
- Receives national funding from the NRAEF, state restaurant and hospitality associations, industry organizations and foundations
- Recognizes teachers annually through the annual ProStart Educators of Excellence Awards

PROGRAM BENEFITS:
- Students participate in a two-year curriculum, take two national exams, complete a minimum of 400 hours of industry work experience and demonstrate mastery in employability skills
- ProStart graduates receive the National ProStart Certificate of Achievement (COA), a post-secondary and industry-recognized certification that can result in scholarships and credits towards apprenticeship, academic and work experience

THE NATIONAL PROSTART INVITATIONAL:
Each year, 400+ ProStart students advance from state-level competitions to compete at the National ProStart Invitational (NPSI), the country’s premier high school competition for restaurant management and culinary arts. The competition showcases top talent and connects the students with leading companies, industry influencers, celebrity chefs, and colleges and universities. NPSI 2019 will be held in Washington, DC, May 8-10.

GET INVOLVED:
To learn more about ProStart, visit ChooseRestaurants.org/ProStart.