

NRAEF Summer Institutes

Level 2 Sample Agenda

Sunday

Time	Topic / Activity
6:00–7:00 p.m.	Registration and Welcome Reception

Monday

Time	Topic / Activity
7:30–8:00 a.m.	Continental Breakfast
8:00–8:30 a.m.	Introduction to the Summer Institutes
8:30–10:15 a.m.	Nutrition
10:15–10:30 a.m.	Break
10:30–12:00 a.m.	Food Safety Review
12:00–1:00 p.m.	Lunch
1:00–4:30 p.m.	Breakfast Food and Sandwiches: Discussion, Demonstration, and Hands-on Lab (Sandwiches)
4:30–5:00 p.m.	Tasting Dinner: Prepared Items

Tuesday

Time	Topic / Activity
7:30–8:00 a.m.	Continental Breakfast
8:00–10:00 a.m.	Customer Service: Discussion and Practice
10:00–10:15 a.m.	Break
10:15–12:00 p.m.	Breakfast Food: Hands-on Lab (Breakfast and Eggs)
12:00–1:00 p.m.	Lunch
1:00–4:30 p.m.	Grains: Discussion, Demonstration, and Hands-on Lab
4:30–5:00 p.m.	Tasting Dinner: Prepared Items

Wednesday

Time	Topic / Activity
7:30–8:00 a.m.	Continental Breakfast
8:00–10:00 a.m.	Purchasing
10:00–12:00 p.m.	Pedagogy
12:00–1:00 p.m.	Lunch
1:00–4:30 p.m.	Meat, Poultry, and Seafood: Discussion, Demonstration, and Hands-on Lab (Seafood)
4:30–5:00 p.m.	Tasting Dinner: Prepared Items
5:00–8:00 p.m.	Site Visit or Open Evening

Thursday

Time	Topic / Activity
7:30–8:00 a.m.	Continental Breakfast
8:00–9:30 a.m.	Building a Career in the Industry
9:30–12:00 p.m.	Fruits and Vegetables: Discussion, Demonstration, and Hands-on Lab
12:00–1:00 p.m.	Lunch
1:00–4:30 p.m.	Meat, Poultry, and Seafood: Hands-on Lab (Meat and Poultry)
4:30–5:00 p.m.	Tasting Dinner: Prepared Items Announcement of Market Basket Items
5:00–7:30 p.m.	Open Evening / Test Preparation

Friday

Time	Topic / Activity
7:30–8:00 a.m.	Continental Breakfast
8:00–11:00 a.m.	Best Practices: Discussion
11:00–12:30 p.m.	Capstone Market Basket
12:30–1:30 p.m.	Tasting Lunch and Critique
1:30–2:30 p.m.	Level 2 Examination
2:30–3:00 p.m.	Celebration of Success