## NRAEF 2020 Summer Institutes
### Site Details

**School Name:** Culinary Institute of Virginia Norfolk  
**Course Levels:** Level 1, Beginner  
**Dates:** June 21-26, 2020

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| Welcome Reception Location:     | Sunday, June 21, 2020, 6:00pm  
Culinary Institute of Virginia, 2428 Almeda Avenue, Norfolk, VA 23513                                                                                   |
| Class Location:                 | Culinary Institute of Virginia, 2428 Almeda Avenue, Norfolk, VA 23513  
Lab F                                                                                                                                       |
| Suggested Lodging:             |  
**Hotel Name:** Doubletree by Hilton Hotel Norfolk Airport  
**Hotel Website:** [Please Click Here](https://www.doubletree.com)  
**Room Rate:** $127/night                                                                                                                           |
| Driving Directions and Parking: |  
To School from Suggested Hotel: Doubletree is 1 mile from CIV. Turn right (North) onto Military Hwy/VA-165 N for 1/2 mile; turn left onto Robin Hood Rd 0.2 mi; Turn left onto Almeda Ave 0.2 mi. CIV will be on your left. Student entrance is on the right side when you are facing the building.  
Where to park: Student parking lot  
What entrance to use: Student entrance                                                                                                                  |
| Suggested Airport(s) for Arrival: | Norfolk International Airport (ORF)                                                                                                                  |
| Suggested Ground Transportation: | Taxi, Uber, Lyft are all available from the airport. Look for “Passenger Pickups” or a designated area labeled, “TNC/Rideshares” outside of baggage claim. |
| Equipment and Supplies to Bring: |  
- An introductory knife kit. One NRAEF Knife Kit is provided to each Level 1 attendee. Please note knife kits cannot be taken as a carryon item and must be checked for air travel.  
- Pens/pencils/highlighters/sharpsies  
- Mini notebook                                                                                                                                           |
| Attire:                         | An appropriate uniform for all kitchen and lab sessions consists of:  
- A chef coat. Please note that one chef coat is provided per attendee. Attendees are permitted to wear the Summer Institutes coat or bring their own.  
- Long pants such as chef pants, cargo pants, chinos, etc. No shorts are allowed in the kitchen.  
- Appropriate close-toed, non-slip shoes. No sandals are allowed in the kitchen.  
  
Classroom or offsite activities will not require the standard uniform. Casual attire is acceptable for work outside of kitchen and lab sessions. |
| Additional Information:         |  
Terrapin, [https://www.terrapinvb.com/](https://www.terrapinvb.com/)  
Becca Restaurant, Cavalier Hotel, [https://www.beccavb.com/](https://www.beccavb.com/)  
The Butcher’s Son, [http://www.butcherson.com/](http://www.butcherson.com/)  
Saltine, [https://saltinenorfolk.com/](https://saltinenorfolk.com/)  
Area attractions: [https://www.visitvirginiabeach.com/plan/area/hampton-roads/](https://www.visitvirginiabeach.com/plan/area/hampton-roads/) |