**NRAEF 2020 Summer Institutes**

**Site Details**

**School Name:** Saint Paul College  
**Course Level:** 1, Beginner  
**Dates:** June 14-19, 2020

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<th>Topics</th>
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| Welcome Reception Location    | Peddlers Pub  
161 St. Anthony Ave, St. Paul, MN 55103  |
| Class Location                | Saint Paul College  
Room 2160, 2nd Floor  
235 Marshall Ave St. Paul, MN 55102  |
| Suggested Lodging             | Hotel Name: Best Western Plus Capitol Ridge  
Hotel Website: [Please Click Here](#)  
Room Rate: $149.99/night  
Discount Code: [Please Click Here](#)  |
| Driving Directions and Parking| To School from Suggested Hotels:  
- [Click here for directions from Best Western Plus Capitol Ridge](#)  
*Where to park:* Student/Visitor Parking Lot (paid voucher will be provided)  
*What entrance to use:* West Entrance right off of the parking ramp  |
| Suggested Airport(s) for Arrival | Minneapolis-St. Paul Airport  |
| Suggested Ground Transportation | Car rental, taxi, Uber or Lyft. Hotel is ½ mile away from Saint Paul College (around a 10 minute walk).  |
| Equipment and Supplies to Bring | • An introductory knife kit. One NRAEF Knife Kit is provided to each Level 1 attendee. Please note knife kits cannot be taken as a carryon item and must be checked for air travel.  
• Notebook and writing utensil  
• It will be warm in the kitchen. Please bring a reusable water bottle.  |
| Attire                        | An appropriate uniform for all kitchen and lab sessions consists of:  
• A chef coat. Please note that one chef coat is provided per attendee. Attendees expected to bring at least one additional coat.  
• A hat or head covering.  
• Long pants such as chef pants, cargo pants, chinos, etc. No shorts are allowed in the kitchen.  
• Appropriate close-toed, non-slip shoes. No sandals are allowed in the kitchen.  
Classroom or offsite activities will not require the standard uniform. Casual attire is acceptable for work outside of kitchen and lab sessions.  |
| Additional Information        | [www.exploreminnesota.com](http://www.exploreminnesota.com)  
[www.visitsaintpaul.com](http://www.visitsaintpaul.com)  |

Please contact the Summer Institutes team at [SIEvents@restaurant.org](mailto:SIEvents@restaurant.org) with any questions.